

BABA PITA

CATERING MENU

Call (312) 243-3439 | Fax 312-243-8106
Order Online www.BabaPita.com

Our experienced staff and managers will develop the best plan for your catering needs within your specified budget. For all of your upcoming professional events, put your trust in Baba Pita. We are constantly fine tuning our menu. We're confident we can make your catered event a resounding success. Our top quality dishes are made from scratch, using only the best and freshest ingredients.

APPETIZERS* SERVES UP TO 12 PEOPLE

- ✓ Hummus \$30.00
- ✓ Baba Ghannouj \$30.00
- ✓ Jerusalem Salad \$30.00
- ✓ Tabbouleh Salad \$30.00
- ✓ Fattoush Salad \$30.00
- ✓ Green Salad \$30.00
- ✓ Cucumber-Yogurt Salad \$30.00
- ✓ Feta Cheese \$30.00
- ✓ Stuffed Grape Leaves (2 Per Person) \$12.00
- ✓ Falafel (2 Per Person) \$12.00
- Kibbeh (1 Per Person) \$40.00

PLATTERS** SERVES UP TO 12 PEOPLE

- Chicken Shawarma (8oz per person) \$60.00
- Chicken Kabob (8oz per person) \$60.00
- Beef Shawarma (8oz per person) \$70.00
- Beef Kabob (8oz per person) \$70.00
- Beef Kufta (8oz per person) \$70.00
- Grilled Salmon (6oz per person) \$70.00
- Breaded Fantail Shrimp (8 pieces) \$70.00

SANDWICHES***

- Chicken Shawarma \$60.00
- Chicken Kabob \$60.00
- Beef Kabob \$70.00
- Beef Shawarma \$70.00
- ✓ Falafel \$70.00
- ✓ Dolma \$70.00

* Our Appetizers come with pita bread and dressing

** Our platters come with rice, pita bread & dressing

*** Our sandwiches come with our home-made dressing and of course... Hummus in it!



It's All About Healthy Choices

- Lo-fat
- Meatless
- Sensible lo-carb

Pleased to introduce you to our Business Partners

Call 312.243.DIET (3438)
www.choiceeating.com
Take \$10 off your first order.
Mention Menu Offer.
Cannot be combined with any other offer. First time customers only.

We deliver more choices
Choose one of THREE Meal Plans:
• Lo-fat,
• Meatless, or
• Sensible lo-carb (50-100 g/day)
All are cholesterol and sodium restricted, delicious and fresh.
AND you get to choose:
• 1200 calories/day or 2000
AND you get to choose:
• 2x, 1x, 1x, or 10-meal plans.
No contracts, no enrollment fee.
Brought to your office or home, fresh. Not frozen.
www.choiceeating.com

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| Dinner | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Lunch | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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21-meal plan:
1200 or 2000 calories, low-fat or meatless or low-carb! Choose!

15-meal plan:
Weekdays only. When you're most stressed for time, count on us!

14-meal plan:
Can you deal with breakfast on your own? Fine with us.

10-meal plan:
Lunch and dinner, weekdays. A little healthy help, delivered fresh.

Ok. You've always wanted to try having healthy meals delivered. No cooking, no food shopping (no impulse buys of triple fudge whatever), no complicated diet. Just eat the meals. Simple. Ok.

But you didn't do it, or you tried it and found it boring or rigid or bland. Ok. But that was before Choice Eating, where the meals are delicious, and satisfying, and your plan is easy to stick with until you reach your goals. Call us; start this week. Ok?

www.choiceeating.com 877.243.DIET or 312.243.DIET (3438)

BABA PITA

The Best of Middle Eastern Cuisine Delicious, Healthy & Fresh Everyday

Looking for a quick lunch (soup, salad or sandwich) or perhaps an enticing vegetarian meal? Sumptuous and tasty dinners with multiple courses, lively colors blended with savory and contrasting flavors, yet healthy and light. Middle Eastern cuisine could very well be the best option for you.

We invite you to start your exploration of Lebanese cuisine with its delectable food. Indulge yourself with a fresh, luscious and healthy cuisine from far Middle East without having to leave your own town.

OPEN EVERYDAY LUNCH & DINNER
Order Online: BabaPita.com
Dine In | Carry Out | Delivery | Catering

WEST LOOP
1032 W. LAKE ST
PHONE (312) 243-3439
FAX (312) 243-8106

Delivery Boundaries



LINCOLN PARK
2233 N. LINCOLN AVE
PHONE (773) 549-7272
FAX (773) 549-7420

Delivery Boundaries



Delivery Charge \$3.00 and up (extra charge applies for delivery outside boundaries)

We accept all major credit cards

BABA PITA

1032 W Lake St
Chicago, IL 60607

COUPON COUPON COUPON

First Time...

You are more than welcome to enjoy.
Baba Pita is a Cool place to enjoy.
DINE IN COUPON
Fresh home-made mint tea for dessert (voted best tea Jan '08 by Sun Times)
DELIVERY COUPON
Drinks on us!
Plates or Sandwiches
no expiration mention menu promotion when ordering

Loyalty Rewards...

That's the way it should be at **Baba Pita**.
ORDER ONLINE
www.BabaPita.com
Your 10th order is 25% off
Your 5th order is 10% off
no expiration mention menu promotion when ordering

Spend and Save...

Get together and enjoy at **Baba Pita**.
ORDER ONLINE
www.BabaPita.com or call us.
\$5 Off of any order \$100+
\$2 Off of any order \$50+
no expiration mention menu promotion when ordering

casual kitchen
WHET YOUR APPETITE!
 for casual people

- ✓ **HUMMUS** SM \$2.45 LG \$4.95
 A BLEND OF CHICKPEAS AND TAHINI WITH OLIVE OIL AND PITA BREAD ON THE SIDE
- ✓ **BABA GHANNOUJ** SM \$2.45 LG \$4.95
 ROASTED EGGPLANT BLENDED WITH TAHINI, YOGURT, GARLIC & PARSLEY WITH OLIVE OIL AND PITA BREAD ON THE SIDE
- ✓ **FAVA BEAN SALAD** SM \$2.45 LG \$4.95
 FAVA BEANS, TOMATO, PARSLEY, GREEN PEPPER, GARLIC & OLIVE OIL
- ✓ **JERUSALEM SALAD** SM \$2.45 LG \$4.95
 DICED TOMATO, CUCUMBER, LETTUCE, PARSLEY & TAHINI SAUCE
- ✓ **TABBOULEH SALAD** SM \$2.45 LG \$4.95
 DICED TOMATO, CUCUMBER, PARSLEY, MINT, LETTUCE, CRACKED WHEAT, OLIVE OIL & LEMON JUICE
- ✓ **FATTOUSH SALAD** SM \$2.45 LG \$4.95
 LETTUCE, TOMATO, CUCUMBER, PARSLEY, MINT, PITA CHIPS, OLIVE OIL, SUMAC & VINEGAR
- ✓ **GREEN SALAD** SM \$2.45 LG \$4.95
 DICED TOMATO, CUCUMBER, LETTUCE, PARSLEY & MINT LEAVES
- ✓ **YOGURT-CUCUMBER SALAD** SM \$2.45 LG \$4.95
 YOGURT, CUCUMBER, MINT, GARLIC & SALT
- ✓ **STUFFED GRAPE LEAVES** \$1.50/PC 5.95DZ
 GRAPEVINE LEAVES STUFFED WITH SEASONED RICE
- ✓ **FALAFEL** \$1.50/PC 5.95DZ
 SEASONED DEEP FRIED PATTIES MADE FROM GROUND CHICKPEAS, PARSLEY, GARLIC, ONION & SPICES
- KIBBEH** \$3.45/each
 CRACKED WHEAT STUFFED WITH SEASONED GROUND BEEF, NUTS, ONION & DEEP FRIED
- ✓ **FETA CHEESE** \$4.95
 FETA CHEESE MIXED WITH OLIVES AND RADISH, TOPPED WITH FRESH PARSLEY
- ✓ **SPINACH PIE** \$2.95
 FLOUR, YEAST, OLIVE OIL, SPINACH, ONION, SALT, SUMAC & LEMON JUICE
- ✓ **VEGGIE LENTIL SOUP** \$2.45
 RED LENTILS, CARROTS, HERBS & SPICES

FEATURED IN CHICAGO TRIBUNE, SUN TIMES, AND METROMIX CLTV

INDULGE IN AN ENTRÉE! Fresh and Healthy drink on us

- CHICKEN SHAWARMA PLATE** \$9.95
 GRILLED THIN SLICES OF MARINATED CHICKEN SERVED WITH RICE, SALAD, HUMMUS, PITA BREAD & GARLIC SAUCE
- CHICKEN KABOB PLATE** \$9.95
 GRILLED MARINATED CHICKEN TENDERS SERVED WITH RICE, SALAD, HUMMUS, PITA BREAD & GARLIC SAUCE
- ✓ **VEGGIE FALAFEL PLATE** \$8.95
 FRIED GROUND CHICK PEAS PATTIES SERVED WITH SALAD, HUMMUS, PITA BREAD & TAHINI SAUCE
- ✓ **VEGGIE DOLMA PLATE** \$8.95
 STUFFED GRAPE LEAVES WITH SEASONED RICE SERVED WITH FRESH LEMON, SALAD, HUMMUS & PITA BREAD
- ✓ **VEGGIE COMBO PLATE** \$9.95
 COMBINATION OF FALAFEL, STUFFED GRAPE LEAVES, HUMMUS, BABA GHANNOUJ AND SALAD SERVED WITH PITA BREAD
- BEEF KIBBEH PLATE** \$10.95
 CRACKED WHEAT BALL STUFFED WITH SEASONED GROUND BEEF & WALNUTS SERVED WITH HUMMUS, SALAD, TAHINI SAUCE & PITA BREAD
- BEEF SHAWARMA PLATE** \$10.95
 GRILLED, THINLY SLICED MARINATED BEEF SERVED WITH ONION, RICE, SALAD, HUMMUS PITA BREAD & TAHINI SAUCE
- BEEF KABOB PLATE** \$10.95
 GRILLED MARINATED BEEF SERVED WITH RICE, SALAD, HUMMUS, PITA BREAD & TAHINI SAUCE
- GRILLED FISH PLATE** \$10.95
 CHOICE OF SALMON OR TILAPIA SERVED WITH RICE, HUMMUS, SALAD & PITA BREAD
- SHRIMP PLATE** \$10.95
 JUMBO FANTAIL SHRIMP SERVED WITH HUMMUS, SALAD, PITA BREAD AND TARTAR SAUCE
- MEAT COMBINATION PLATE** \$10.95
 COMBINATION OF CHICKEN KABOB, BEEF KABOB & KUFTA SERVED WITH RICE, SALAD, HUMMUS & PITA BREAD
- HUMMUS AND SHAWARMA PLATE** \$7.95
 CREAMY PUREE OF CHICKPEAS AND TAHINI TOPPED WITH YOUR CHOICE OF CHICKEN OR BEEF SHAWARMA, SERVED WITH PITA BREAD
- BEEF KUFTA PLATE** \$10.95
 GRILLED SEASONED GROUND BEEF SERVED WITH RICE, SALAD, HUMMUS, PITA BREAD & TAHINI SAUCE

- LAMB SHANK** \$10.95
 TENDER LAMB SHANK SERVED WITH RICE, SALAD, HUMMUS, PITA BREAD & TOPPED WITH MIXED VEGETABLE SAUCE
- TURKEY MEATBALLS** \$9.95
 BAKED HOMEMADE MEATBALLS SERVED WITH RICE, SALAD, HUMMUS & PITA BREAD

SETTLE ON A SANDWICH! Fresh and Light drink on us

- CHICKEN SHAWARMA SANDWICH** \$6.35
 GRILLED THIN SLICES OF MARINATED CHICKEN SERVED IN PITA POCKET WITH LETTUCE, TOMATO & GARLIC SAUCE
- CHICKEN KABOB SANDWICH** \$6.35
 GRILLED MARINATED CHICKEN TENDERS SERVED IN PITA POCKET WITH LETTUCE, TOMATO & GARLIC SAUCE
- ✓ **VEGGIE FALAFEL SANDWICH** \$5.45
 FRIED GROUND CHICKPEAS PATTIES SERVED IN PITA POCKET WITH LETTUCE, TOMATO & TAHINI SAUCE
- ✓ **VEGGIE DOLMA SANDWICH** \$5.45
 STUFFED GRAPE LEAVES WITH SEASONED RICE SERVED IN PITA POCKET WITH LETTUCE & TOMATO
- BEEF SHAWARMA SANDWICH** \$6.35
 GRILLED THIN SLICES OF MARINATED BEEF SERVED IN PITA POCKET WITH ONION, LETTUCE AND TOMATO
- BEEF KABOB SANDWICH** \$6.35
 GRILLED MARINATED BEEF SERVED IN PITA POCKET WITH LETTUCE AND TOMATO
- BEEF KUFTA SANDWICH** \$6.35
 GRILLED SEASONED GROUND BEEF PATTIES IN PITA POCKET WITH LETTUCE AND TOMATO

ADD HUMMUS OR FETA CHEESE IN YOUR SANDWICH FOR \$2.00

BEVERAGE & DESSERT Refresh & Reward

- CAN OF SODA, WATER BOTTLE \$1.35
- HOME-MADE FRESH MINT TEA \$2.45
- DESSERT BAKLAVA \$2.45
- DATE FILLED COOKIE \$1.35
- MIXED FRESH FRUIT SALAD \$3.95

SIDE ORDERS Go for it!

- BASMATI DILL RICE \$2.00
- PITA BREAD \$0.50/each
- PITA CHIPS \$1.00
- GREEN OLIVES \$3.00
- YOGURT SAUCE, TAHINI SAUCE, HOT SAUCE \$0.35/each

Prices subject to change

THE BEST DAILY SPECIAL IN TOWN

WHAT YOU SEE IS WHAT YOU GET....

- 3 Appetizers
- Full entree
- Soup
- Drink
- Dessert

\$10.95 WOW!

| Chicken Kabob | Fantail Shrimp | Beef Kufta | Chicken Shawarma | Grilled Salmon |
|---|---|---|--|--|
| <p>Monday</p>  | <p>Tuesday</p>  | <p>Wednesday</p>  | <p>Thursday</p>  | <p>Friday</p>  |